

BUILDING REWARDING RELATIONSHIPS

An educational group for men who would like to develop more satisfying relationships with their partners.



**The group runs for 8 weeks every Wednesday from:
March 6—April 24, 2019
6:00-8:00 pm
Location: Nelson Community Services, 518 Lake St.**

We will be exploring topics such as communication, anger, self-regulation, and emotional intelligence.

This is a closed group and pre-screening is required.

Cost is \$50

Financial supports for childcare and transportation are available. Participants may apply to have the fee waived if it is a barrier. Maximum 10 participants

For more information and/or to apply for the group, contact Toumbi at:
(250) 352-3504, Ext. 230 or theynen@servicesfyi.ca



Presented by:

