

About the Society

A registered Society, both Federally and Provincially since 1999. We are a non-profit organization. Volunteers put in a total of 2000 hours per year.

Our Resource and Information Centre has regular office hours and deals with walk-in clients with all sorts of questions. There are 12 Registered Seniors' Advocates, both in Nelson and the larger area, who will advocate at no charge on behalf of seniors. Seniors' Counsellors provide help with forms and identifying help and services the client is eligible for.

Funding and support is from the City of Nelson, provincial and federal grant funds and from local business and community groups.



Our Mandate:

The provision of services to seniors and others in need in the community .

We offer programs to assist seniors in a variety of ways.



**Nelson and District Seniors
Coordinating Society
719 Vernon Street
Nelson, BC V1L 4G3
250-352-6008**

Email: sencoord@netidea.com

**Resource Centre hours
Monday to Thursday, 10 am to 2 pm**

**Elder Abuse Resource Centre hours
Wednesday, 12 am to 2 pm**

Nelson and District Seniors Coordinating Society



Seniors Resource Centre

The Resource Centre provides referrals to and information about services and housing for seniors in the community.

Seniors' Counsellors assist with applications for Old Age Security, Guaranteed Income Supplement, Safer Rent Supplement, Veteran's Affairs and Pharmacare. There is help with filling out Income Tax forms available all year round for low-income persons and seniors.

The Office is open Monday through Thursday 10 am to 2 pm

Programs

Home Help Program

Affordable help with cleaning, laundry, cooking, shopping, etc., provided by qualified, insured and WCB-covered staff. Some subsidies available to qualifying clients.

Grocery Bus Run

Weekly shopping (Thursday) with help as required for the price of bus fare! Bus stops at each major grocery store. Volunteers assist with getting groceries into the house.

To register call Judy at 250-352-3254

Living Well

A support service for cancer survivors

Class Act

Seniors volunteering in elementary schools

Falls Prevention Program

Free home safety checks. An exercise and balance class for a minimum charge.

Community Services and Events

Information and social events as funding becomes available.

Elder Abuse Prevention Program

Provides a mechanism for reporting and responding to situations involving

How can you become involved?

The Society is always open to new memberships and new volunteers to help at the Centre, to help with programs, or to serve on the Board.

