

COMMUNITY FIRST HEALTH CO-OP
MINUTES OF THE 14TH ANNUAL GENERAL MEETING
HELD AT THE COMMUNITY FIRST HEALTH CO-OP BUILDING
JUNE 14, 2016, 7:00 PM.

Registration - Commenced at 6:30 pm. Thirty-two members and one guest have registered.

Speakers - Pegasis McGauley introduced Drs. Shiraz Moola, obstetrician/gynecologist, and Kevin McKechnie, general practitioner providing maternity care, who gave the members information on a new Telehealth video-conferencing service bringing specialist care to communities. Dr. Moola mentioned that the problem right now is between rural and urban medicine, getting easy access to specialists, and obtaining timely reports. To date they have had 126 consults which have saved patients a large amount of expenses in transportation costs, weather-related travel stress, and loss of work. This was a maternity pilot project but it could be extended to other health issues. Dr. McKechnie requested the audience to provide feedback as well as filling out a survey to apply for a publicly-funded expansion of video-conferencing services. An informational video comparing a travel appointment versus a telehealth conferencing appointment was shown to outline the advantages.

Intermission - Deb Zeeben, Chair of the Community First Health Co-op, invited the audience to enjoy the 10th Birthday of the Wellness Centre cake and coffee/tea before the business portion of the annual general meeting.

Commencement of Annual General Meeting - A quorum was confirmed of more than 15 members.

Adoption of Agenda - The June 14, 2016, AGM agenda was accepted as circulated.

Approval of Minutes of Last AGM - The minutes of the June 9, 2015, AGM were approved.

Nominees for Directors - Pegasis introduced four nominees for directors, Lynn Adams, Sharon Browning, Lonnie Facchina and Lynn Goodison. These positions are for a 3-year term on our Board of Directors. They were acclaimed to the Board by the members in attendance.

Report from Chair - Deb Zeeben, Chair of the Community First Health Co-op (CFHC), thanked Doug Stoddart and the Nelson & District Credit Union (NDCU) on the 10th birthday of the Wellness and Education Centre for their dedicated assistance and mentoring in the creation of CFHC and for providing a voice for community to pursue wellness. Deb shared the 2001/02 communities' planning document for our Primary Care/Wellness Centre created through an extensive community collaboration based on the World Health Organization's 1950's Determinants of Health where connectedness in community is known to be as powerful as health services in achieving good health and wellness with each valued at 25%. NDCU and Doug's steadfast commitment to the seventh Principle of Co-op's (concern for Community) has provided the Health Co-op with a solid model for giving a hand-up through volunteerism in pursuit of wellness for our communities. Deb also thanked the AGM registration team for their help. As the Board of CFHC is at the heart of The Nelson and Area Wellness and Education Centre and other working committees, Deb invited their thoughts on the work that has been undertaken in pursuit of wellness. Deb outlined Sharon Browning's virtual office at cfhcoop@shaw.ca and her role as Secretary/Treasurer; Pegasis McGauley talked about the merits of the low-cost dental program called West Kootenay Community TEETH Clinic Society (TEETH) and their gratefulness to Matt Osepchook (local dentist) and staff. Lonnie Facchina spoke about the Community Health Resource Centre and how they are always looking for volunteers to help direct people to their health information. Marion Hunter related her experiences with the Upper Columbia Council of Co-ops and their master's education program for co-ops coming to Nelson, together with a rural investment opportunity. Erin Morrison talked about the second annual Health Fair which showcased the Wellness Centre, our Partners, and twelve health educational guest speakers, as well as our growing presence on social media. Lynn Adams spoke about the Wellness Centre building. Lynn Goodison outlined the Home Help program through Seniors Coordinating Society, a Resource Centre Partner, and Eric Ramsden talked about TEETH, affordable housing through CFHC, and our website www.healthco-op.ca. The floor was then opened to comments from the audience and Selena Davis of Patient Voices Network (East Kootenay/Kootenay Boundary) outlined the work of this organization.

Finance - The financial report to March 31, 2016, was submitted and was M/S/C.

Special Resolutions - Pegasis McGauley thanked Gerrie Melnechuk and Barry Nelson for their help in revamping the bylaws. Pegasis outlined the changes and the members M/S/C all resolutions as amended which will be forwarded to the government for approval. These resolutions are as follows:

1. **Current Version**: 61. A copy of the financial statement that is to be placed before a general meeting must be provided to the members at least 10 days before the date set for the meeting.

New: A copy of the financial statement that is to be placed before a general meeting must be available to the members at the Annual General Meeting.

2. **Current Version**: 93. (1) The Association must have (a) 9 or 11 directors.

New: (a) a minimum of 7 directors.

3. **Current Version**: 96. Candidates for directors' positions must be nominated by 2 members for director not less than 30 days before an annual general meeting at which a director is to be elected.

New: A member may nominate a candidate for director either before or at an annual general meeting at which a director is to be elected. A seconder is required.

4. **Current Version**: 158. Unless otherwise specified in the Act or these Rules, any notice required to be given to director, member or any other person must be in writing and is sufficiently given if it is

(a) delivered personally,

(b) delivered to the person's last known address as recorded in the Association's register of members or other record of the Association,

(c) mailed by prepaid mail to the person's last known address as recorded in the Association's register of members or other record of the Association,

(d) sent to the person by facsimile transmission to a telephone number provided for that purpose,

(e) emailed, or

(f) served in accordance with Rule 165 or 166.

New: same up to (f) which now reads: published in a newspaper circulating in the areas which the Association serves at least 10 days before the date set for the general meeting.

New: "RESOLVED as a Special Resolution by the members of the Community First Health Co-op at the Annual General Meeting held June 14, 2016, that pursuant to section 109 of the Cooperative Association Act, the Cooperative hereby waives the appointment of an auditor."

Am Naqvi commended the passion of the Board and especially Deb Zeeben. The meeting adjourned at 8:45 pm with the statutory meeting scheduled for Wednesday, June 22, 2016, at 11:00.