

COMMUNITY FIRST HEALTH CO-OP
MINUTES OF THE 13TH ANNUAL GENERAL MEETING
HELD AT THE COMMUNITY FIRST HEALTH CO-OP BUILDING
JUNE 9, 2015, 7:00 PM.

REGISTRATION - Commenced at 6:30 pm

WELCOME TO THE MEMBERSHIP – Chair, Deb Zeeben. She drew attention to the Co-op's organization chart to explain three items. First, the **Community Health Resource Centre** is made up of a number of volunteer organizations throughout our community. This year they hosted an extremely successful Health Fair and will be putting on a second one next year on April 16, 2016. Secondly, a low-cost dental clinic started under **West Kootenay Community TEETH Clinic Society** which has been another highly successful venture providing inexpensive dental service to persons/families having an income of less than \$30,000. Thirdly, our **Health Co-op Partners**, who occupy the Co-op building and provide health services, met with representatives from the Kootenay Boundary Division of Family Practice to find out how they could provide better health care to the community. She then welcomed representatives from this Division who gave a presentation to the Co-op members. Julius Halaschek-Wiener, PhD, spoke on recruiting doctors to rural areas; Dr. Trevor Janz, MD, on overuse of medications for frail seniors; and Nurse Practitioner Grace Nakano on mental health and addictions. The B. C. Ministry of Health has created this Kootenay Boundary Division in order to provide better health service in all aspects of health care.

INTERMISSION - Refreshments were offered before the business section of the annual general meeting.

COMMENCEMENT OF ANNUAL GENERAL MEETING - Deb Zeeben, Chair of the Community First Health Co-op, welcomed everybody to the business part of the meeting.

QUORUM - A quorum was confirmed of more than 15 members.

ADOPTION OF AGENDA - The June 9, 2015, AGM agenda was accepted as circulated.

APPROVAL OF MINUTES OF LAST AGM - The minutes of the June 17, 2014, AGM were approved with the ending time being corrected to 8:50 pm.

NOMINEES FOR DIRECTORS - Deb Zeeben introduced two new nominees for directors, being Erin Morrison, Health Coach, and Karen Hornby, Registered Nurse. These nominee positions are for a 3-year term on our Board of Directors.

REPORT FROM CHAIR - Deb Zeeben thanked Pegasis McGauley and Gerrie Melnechuk for their tremendous effort of preparing the Annual General Meeting information, together with Wendy and Barry Nelson for registering the Co-op members. She also thanked Marion Hunter, Eric Ramsden and Sharon Browning for stepping up to learn how to operate our new website. Eric commented on the different aspects of www.healthco-op.ca such as the blog, facebook page, calendar and events. Deb thanked Sharon Browning for keeping track of the finances and stated the bylaw requires her to step down after 6 years on the Board. She will remain in a non-Board capacity. Also, her duties as a virtual office secretary will continue with monitoring the Co-op's email cfhcoop@shaw.ca. Deb thanked Lynn Adams for the office management component and also for her efforts in booking the meeting rooms throughout the Wellness Centre, which provides us with extra income. Thanks to the Community Health Resource Centre which is helped by Marion Hunter, Sarah Popoff, Lynn Adams and fourteen community groups, their volunteers and medical practitioners to provide educational health supports for our community. Deb also thanked Sarah Popoff for her 6 years on the Board and her many times of pitching in especially with arranging refreshments. The Wellness Committee was next for thanks consisting of Lynn Adams, Sarah Popoff, Sharon Browning (and Deb Zeeben) which volunteers to manage the day-to-day running of the building. Thanks to Joan Reichardt who has finished her 3-year term and her many other years of planning the Health Co-op and the low-cost dental clinic in the initial stages. Pegasis McGauley, Barry Nelson and Eric Ramsden commented on the W.K. Community TEETH clinics and how successful they were. A discussion ensued about our possible affordable housing project next to the Wellness Centre which is on hold at present. Lynn Adams wished to thank Deb Zeeben for her help with many varied jobs over the years together with help from her husband Preston.

FINANCE - Our financial statements ending March 31, 2015, were presented and accepted. It was agreed that Berg Lehmann be appointed our accountants for the coming fiscal year.

The meeting was adjourned at approximately 9:00 pm.